

## FRUITVALE ISD HEALTH GUIDELINES

The below information is a guide to your child's attendance at school before/during/after they have been sick.

- **DIAGNOSED CONTAGIOUS ILLNESS** - Students may return to class 24 hours after starting an antibiotic or as directed by their physician
- **DIARRHEA** - A child who experiences 2 or more watery stools in a 24 hour period, especially if combined with poor appearance or nausea/vomiting should remain at home
- **EAR INFECTION** – A child does not need to be excluded from school for an ear infection unless their pain prevents them from normal activity
- **EYES** – If your child is showing any mucus or pus draining from the eye, this may be a sign of pink eye (conjunctivitis), a contagious illness. Your child should be seen by their physician. He/She may return to school after they have been on antibiotics for 24 hours or as directed by physician
- **FEVER** – A temperature greater than 100 degrees (BEFORE MEDICATION) will not be allowed in school. A child must be fever free for 24 hours before returning
- **LICE**- A child with lice must be treated before returning to school. Your child will be checked by the school nurse as needed to assure that no live lice are detected
- **RASH** – If your child exhibits a body rash, especially with fever or itching, he/she should remain at home and seen by their physician. Heat rashes and allergic rashes are not contagious and not excluded from school
- **SORE THROAT** – A child with a sore throat, fever and/or swollen glands should remain at home and seen by their physician
- **VOMITING** – A child who has vomited 2 or more times in a 24 hour period should remain at home until they are symptom free for 24 hours