

SEPTEMBER

2018

GOOD EATS AT

Fruitvale ISD Breakfast

SPECIAL ANNOUNCEMENTS

Head Start and Pre-K (serve only)
OFFER VS SERVE:
 Pick 3-- Choose ½ cup of fruit OR juice PLUS at least 2 other food groups
 Menu subject to change without notice due to product availability.



M	T	W	TH	F
Holiday Pop Tart Cereal, Assorted Graham Cracker, WG Choice of Low fat Milk Choice of Fruit 3	Combo Bar Cereal, Assorted Graham Cracker, WG Choice of Low fat Milk Choice of Juice Choice of Fruit 4	French toast Syrup in cafeteria Cereal, Assorted Graham Cracker, WG Choice of Low fat Milk Choice of Fruit 5	Kolache (pig in blanket) Cereal, Assorted Graham Cracker, WG Choice of Low fat Milk Choice of Juice Choice of Fruit 6	Cereal Bar Cereal, Assorted Graham Cracker, WG Choice of Low fat Milk Choice of Juice Choice of Fruit 7
Honey Bun Cereal, Assorted Graham Cracker, WG Choice of Low fat Milk Choice of Fruit 4	Breakfast Pizza Cereal, Assorted Graham Cracker, WG Choice of Low fat Milk Choice of Juice Choice of Fruit 11	Pancake, Blue Berry Cereal, Assorted Graham Cracker, WG Choice of Low fat Milk Choice of Fruit 12	Chicken biscuit Cereal, Assorted Graham Cracker, WG Choice of Low fat Milk Choice of Juice Choice of Fruit 13	Tac-Go Cereal, Assorted Graham Cracker, WG Choice of Low fat Milk Choice of Juice Choice of Fruit 14
WG, Muffin, Variety Cereal, Assorted Graham Cracker, WG Choice of Low fat Milk Choice of Fruit 1	Breakfast Pizza Cereal, Assorted Graham Cracker, WG Choice of Low fat Milk Choice of Juice Choice of Fruit 18	Pancake Cinn. Glaze Syrup in cafeteria Cereal, Assorted Graham Cracker, WG Choice of Low fat Milk Choice of Fruit 19	Kolache (pig in blanket) Cereal, Assorted Graham Cracker, WG Choice of Low fat Milk Choice of Juice Choice of Fruit 20	Cinnamon Bun Cereal, Assorted Graham Cracker, WG Choice of Low fat Milk Choice of Juice Choice of Fruit 21
Yogurt & Graham Cracker Cereal, Assorted Graham Cracker, WG Choice of Low fat Milk Choice of Fruit 2	Egg Omelet Cereal, Assorted Graham Cracker, WG Choice of Low fat Milk Choice of Juice Choice of Fruit 25	Sausage Biscuit/ (Gravy in cafeteria) Cereal, Assorted Graham Cracker, WG Choice of Low fat Milk Choice of Fruit 26	Burrito, Breakfast Salsa in cafeteria Cereal, Assorted Graham Cracker, WG Choice of Low fat Milk Choice of Juice Choice of Fruit 27	Pancake /Sausage/ Stick Syrup in cafeteria Cereal, Assorted Graham Cracker, WG Choice of Low fat Milk Choice of Juice Choice of Fruit 28

GET READY

FOR NATIONAL SCHOOL LUNCH WEEK
 OCTOBER 8-12
SquareMeals.org/nslw